



VIT-D3 DROPS



NUTRICODE
FOOD SUPPLEMENT



IMMUFORCE COMPLEX

IMMUNE-UP ELIXIR

CARING FOR YOUR IMMUNITY



IMMUNE-UP ELIXIR FOOD SUPPLEMENT



COMPLEX RESPONSE
TO THE BODY'S NEEDS
DURING THE PERIOD
OF INCREASED INFECTIONS

THYME and **ECHINACEA PURPUREA** support proper functioning of the immune system

GINGER, valued for its beneficial effect on the improvement of vitality, supports the respiratory tract functions

VITAMIN C and **ZINC** help to strengthen your immunity

ONESEED HAWTHORN supports your circulatory system functions

No wonder **ECHINACEA PURPUREA** is hitting popularity records in recent months!

Its precious properties are confirmed by numerous scientific studies. It owes its effectiveness to a multi-track action: it activates phagocytosis and stimulates fibroblasts, increases the activity of the respiratory system and the mobility of leukocytes, which in turn stimulates the release of antiviral substances¹. Therefore, the extract from this plant is an excellent remedy to stimulate the functioning of the immune system and increase the body's resistance to infections. It is recommended for the treatment of inflammation of the oral cavity, gums, throat and upper airways².

DIRECTIONS FOR USE

Pour 15 ml into the measuring cup and consume before meals. Shake well before use. Stratification and sediment are natural features of the product and they do not affect its quality.



VIT-D3 DROPS FOOD SUPPLEMENT



DESIGNED TO
**SUPPORT THE IMMUNITY
OF CHILDREN AND ADULTS**

It is estimated that about 80% of the body's **VITAMIN D** that boosting the immunity is produced by skin synthesis under the influence of sunlight³. Its effectiveness depends on many factors, including latitude, cloudiness, air pollution level, age or complexion. Therefore, in order to provide an appropriate dose of the so-called sun vitamin regardless of weather conditions or individual characteristics, the National Food and Nutrition Institute (Poland) recommends its supplementation for both children and adults throughout the year.

- helps in the proper functioning of the muscles and immune system and the absorption of calcium and phosphorus
- supports the maintenance of healthy teeth and bones and proper blood calcium levels
- vitamin contained in our preparation is obtained from the highest quality raw materials – algae bred in Europe

Guidelines of the National Food and Nutrition Institute (Poland) concerning food supplementation with vitamin D

age	recommended dose (j.m.)
1-10	600-1000
11-75	800-2000
75+	2000-4000

DIRECTIONS FOR USE

Children over the age of one year – 2 drops a day, adults – 5 drops a day. Measure the dose using a dropper applying the drops on a teaspoon. Take before meal. Shake well before use.



In pregnancy, it is recommended to test the concentration of vitamin D in blood and to individually select a dose by the doctor, but if this is not possible, the dose should be 2000 IU per day for the entire pregnancy and lactation period.

¹ Baj T., *Immunologiczne właściwości jeżówki purpurowej*, „Aptekarz Polski. Pismo Naczelnej Izby Aptekarskiej” 2010, no. 41 (19e), p. 23-24.

² Sarwa J. Andrzej, *Wielka Encyklopedia roślin leczniczych – występowanie, zawartość, działanie i zastosowanie 1726 roślin*, Sandomierz 2013, p. 654-655.

³ Walicka M., Jasik A., Paczyńska M., Wąsowski M., Tataj M., Marciniowska-Suchowierska M., *Niedobór witaminy D – problem społeczny*, „Postępy Nauk Medycznych” 2019, volume XXXII, no. 1, p. 14-22.



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